



ASSOCIATION
OF CHARTERED
PHYSIOTHERAPISTS
FOR PEOPLE
WITH LEARNING
DISABILITIES

ACPPLD NEWSLETTER 2018/2019 Winter Edition

A Welcome from the Editor



Welcome everyone to our Winter edition of our professional newsletter and to a brand new year, welcome 2019! I hope the year is going well for you so far. A New Year always brings energy and motivation to embrace a desire and to tackle unmet tasks, so please make this a year that counts for you on a personal and professional level.

I hope you enjoy this edition of our newsletter and please feel free to get involved with it should you have something to share. My contact details are on the last page and I am always happy to help you in the creation of "an idea into an article". Please don't hesitate to get in touch.

The ALE 2019 organisational plans are well ahead for this years' event which is being held in Glasgow. I have included an Application Form and a brief outline of this years programme in this edition for those of you who may wish to apply as soon as possible, in order to utilise any funds at your disposal. All ALE information is also held on our website, and will be updated regularly, so please make it a habit to take a peek!!

As always, thank you to all who have contributed to this edition. Please read on and enjoy.....!



Angie

Newsletter Editor





Chairs Report Dr Jenny Tinkler

Hello Everyone,

Happy New Year to you all!

Since our last Newsletter the National Executive Committee have met in December in Edinburgh and at this meeting we planned all the NEC meetings for 2019. The dates and venues for these meetings are on the event calendar on the website. Any member is able to attend these meetings with a prior request and at their own expense. Shadowing an NEC meeting is a good opportunity for CPD and to see if you would like to get involved in shaping the future direction of the professional network. If anyone would like to take up this opportunity then please get in touch with me.

Is attendance at ARC on your 2019 Bucket List?.....The Annual Representatives Conference (ARC) is being held on the 3rd and 4th June 2019 in Manchester. ARC is for members to come together for two days to discuss and debate matters of importance to members. This is an important opportunity for members, as through our Professional Network, we are able to have a say and influence the work and direction of the CSP. You can be part of this process in two ways. Firstly, by making the ACPPLD NEC aware of any issues that you would like us to put forward for debate, and secondly, by representing the ACPPLD at ARC. In attending ARC you do commit to contributing to the debate on any learning disability related issues and talking to any motion that the ACPPLD submit and have accepted. We are actively promoting attendance at ARC as attendee's feedback is consistently good with regards to its role, function and organisation. Attendance is fully funded via CSP, so please consider it as a New Year Resolution perhaps?

Since our last Newsletter I have attended the National Learning Disability Professional Senate. This group meets quarterly to receive updates on and influence developments in relation to policy and practice for people with a learning disability. At the meeting in December the Senate was asked to consider if it should encompass people with Autism. After much discussion it

was agreed that although people with Autism need a voice the Learning Disability Professional Senate was not the appropriate one. This was in part due to the fact that not all people with Autism will have a Learning Disability and there was concern that the Autism agenda will dilute the Learning Disability one.

Last week the NHS England Long Term Plan was launched.
<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/nhs-long-term-plan.pdf>.

In Chapter 2, 2.31 there is a section on Stronger NHS action on health inequalities and Chapter 3, 3.32 states "The whole NHS will improve its understanding of the needs of people with learning disabilities and autism, and work together to improve their health and wellbeing".

Additionally, NICE published guidelines for Cerebral Palsy in Adults (<https://www.nice.org.uk/guidance/ng119/chapter/Recommendations>) last week, in which organisations providing primary and secondary health care will be required to address any physical or organisational barriers for adults with cerebral palsy in accessing their services (section 1.1.8).

Diary date - ALE 2019 - 16th and 17th September in Glasgow. I know that plans are well underway and there is some information about the event in this Newsletter. I wish you all a happy 2019.

Best wishes.

Jenny.

Dr Jenny Tinkler, Chair ACPPLD





Dear member,
Following discussion at Decembers ACPPLD National Executive Committee meeting, we have taken a decision to remove all treasurer contact details from the ACPPLD website.



We were recently the target of an attempted financial scam which was not successful thanks to the quick actions of some committee members, however we think this attempt was possible because the person concerned had the contact details of a regional treasurer.

We debated the need for this information to be on the website and concluded this was not necessary, and it was best to remove it to reduce any risk of future scam attempts.

We have also removed telephone numbers for regional committee members and left only names and email addresses.

The contact details for the National Executive committee, including the treasurer, will continue to be published on the back page of the newsletter. This means it is accessible to all members but as these are private documents, this information won't be in the public domain.

You can also continue to contact either Jenny (Chairperson), Liz (Membership) or Amanda (website) via the 'contact us' links on the ACPPLD website.

Many Thanks

Amanda Leech (on behalf of ACPPLD national Exec committee)

Sharing Posters

Sarah Bruce, NEC committee member and Lead Clinician Physiotherapist at Guys and St Thomas' NHS Trust, has kindly shared the following posters which were produced for the 'Allied Health Professionals (AHPs) in Learning Disability and Autism Conference' that was put on by Health Education England. The roles of the LD PT was also presented as a break out session.

Sarah's contact details are on the last page of the newsletter should any members wish to get in touch with her about her submissions.



The role of the Specialist Learning Disabilities Physiotherapist

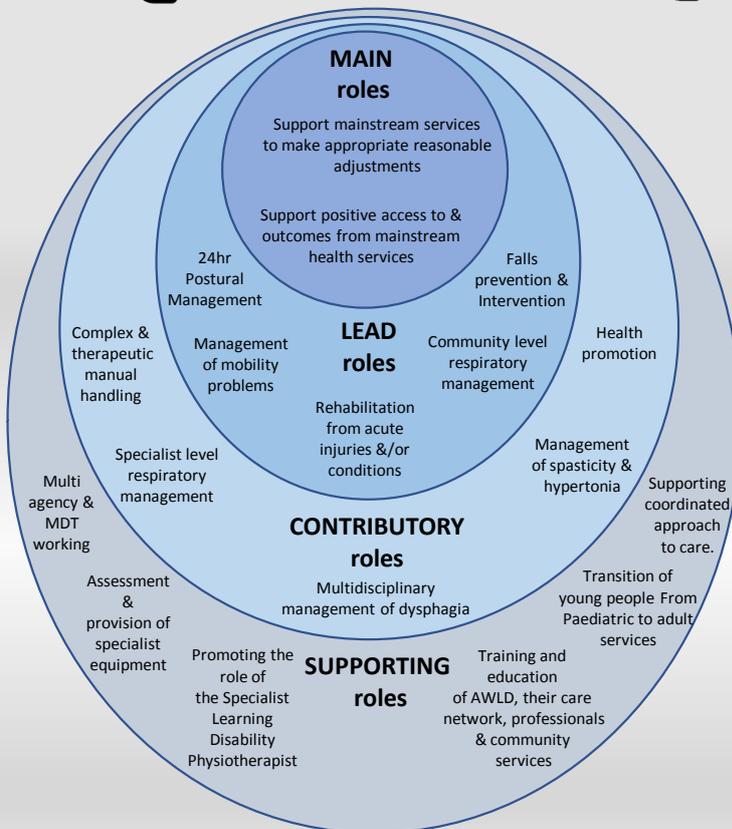
Why we carried out this research ?

- No current standard definition for the role of the Specialist Learning Disabilities Physiotherapist.
- Poor understanding of the role of the Adults with Learning Disabilities Physiotherapist (AWLD PT).
- There are wide variations in the commissioning and delivery of Specialist Physiotherapy Services.
- Specialist Physiotherapy posts are being decommissioned.
- Physiotherapists are being asked to do roles that are outside of their scope of practice.
- There are increasing numbers of AWLD with complex needs who require Specialist Physiotherapy input.

What we did ?

A five round Modified Delphi technique study to develop a definition and clinical practice guidelines for the specialist LD physiotherapist. This involved a review of the current literature and four rounds of questionnaires to explore the views and opinions of an expert panel recruited via the Association of Chartered Physiotherapists for People with Learning Disabilities.

Results. Roles



Results. 'Definition'

'Learning Disability Physiotherapists provide specialist assessment, treatment and management to adults with learning disabilities whose needs cannot be successfully met by mainstream services even when **reasonable** adjustments are made'.

Specialist Learning Disability Physiotherapists will provide the **ADJUSTMENTS** required to meet the physiotherapy needs of adults with learning disabilities that are **UNREASONABLE** for mainstream services to make.

Sarah Bruce. Lead Clinician Physiotherapist.
Sarah.Bruce@gstt.nhs.uk

David Standley. Clinical Specialist Physiotherapist.
David.Standley@gstt.nhs.uk

Guy's and St Thomas's NHS Foundation Trust Community Adult Learning Disability Team
David Standley, Clinical Specialist Physiotherapist. david.Standley@gstt.nhs.uk

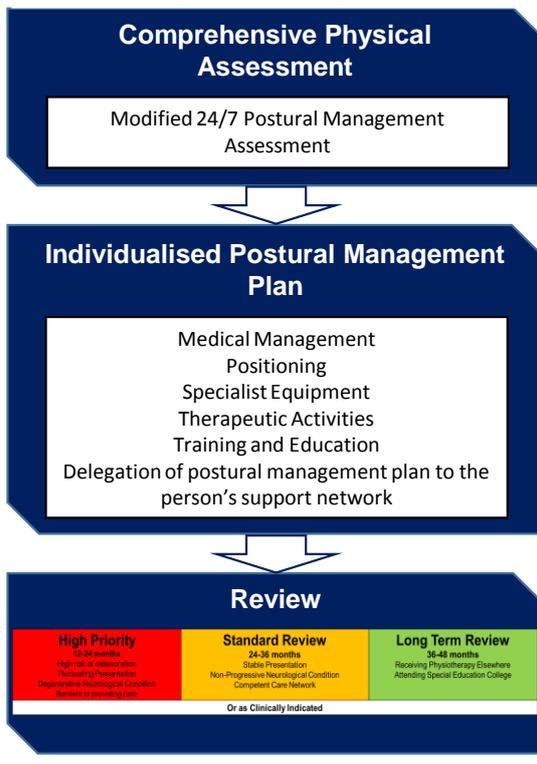
In 2012, Guy's and St Thomas' NHS Foundation Trusts Community Learning Disability **Physiotherapy** Team implemented a proactive Postural Management Pathway for people with complex physical and learning disabilities.

People with complex physical and learning disabilities typically have neurological conditions which severely affects their physical presentation and function. This group of people require 24hr postural management to ensure that the body is appropriately supported to promote and maintain function; prevent body shape distortion and reduce the impact of associated secondary complications. 24hr postural management is one of the fundamental roles of the specialist learning disability physiotherapist.

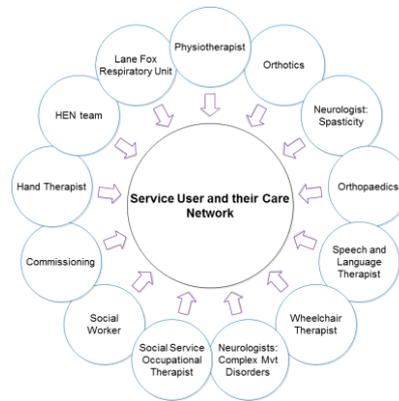
The aim is for 100% of People with Complex Physical and Learning Disabilities (GMFCS level 4 and 5) to access the postural management pathway which includes:

1. A comprehensive assessment of the person's health and physical presentation;
2. The development of an individualised management plan based on the person's presentation; and
3. Allocation to an appropriate review stream

Postural Management Pathway

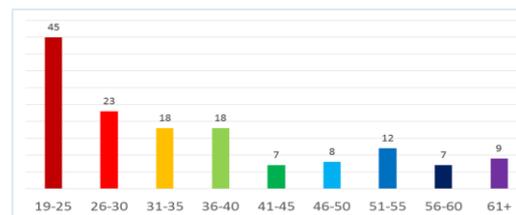


GSTT Postural Management Team



Local Population Demographics (Nov 2018)

Number: 147 (Lambeth 54; Lewisham 46; Southwark 47)
Average Age: 35.5 (Range 19 – 84)



Level of Disability: GMFCS level 4 38%; Level 5 62%)

Primary Diagnosis:

- Cerebral Palsy – 78%
- Chromosomal – 11.6%
- Rett Syndrome – 2%
- Other – 8%

Service Evaluation (Nov 2018)

- 99.3% (146/147) of initial assessments completed
Lambeth = 98%; Lewisham = 100%; Southwark = 100%
- 68% (101/147) of reviews complete (1 or more)
Lambeth = 85%; Lewisham = 65%; Southwark = 54%

Conclusion: A proactive postural management pathway ensures positive outcomes for people with postural needs, their care network, and local health and social care services. This approach requires roughly 65% of the team's resources, but, has resulted in a significant reduction in external referrals for deterioration in posture (22% external vs. 78% internal) and has improved the accessibility to postural management (99.3%). The number of people requiring access to postural management is increasing year on year due to the growing numbers of young people transitioning into adulthood with complex postural needs and an aging population. Therefore, developing a modal that understands and manages this growing population of people locally is essential to specialist learning disability services.

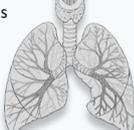
A service evaluation

Guy's and St Thomas's NHS Foundation Trust Integrated Respiratory Pathway for People with Complex Physical and Learning Disabilities. *David Standley, Clinical Specialist Physiotherapist*

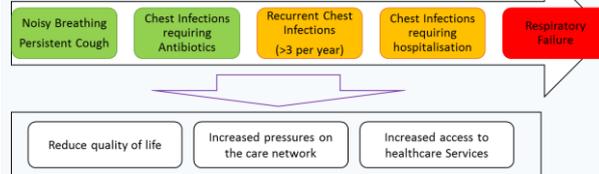
People with Complex Physical Disability are at high risk of developing respiratory problems. This is the main reason this cohort access healthcare. Pneumonia is the biggest cause of death. Many people will have Learning Disabilities which increases the risk of them experiencing poorer access to healthcare. Therefore, people with complex physical and learning disabilities are at high risk of respiratory decompensation if they do not access the appropriate services.

In response in 2015, Guy's and St Thomas NHS Foundation Trust (GSTT) established an integrated respiratory pathway between the Community Learning Disability Teams and the Lane Fox Respiratory Unit to identify this high risk group and optimise their respiratory care.

Risk Factors for developing respiratory problems

- | | | |
|---------------------------|--|----------------------------|
| Airway Clearance Problems |  | Low Weight |
| Chest Wall Deformity | | Poor Oral Hygiene |
| Constipation | | Reflux |
| Dysphagia | | Saliva Problems |
| Epilepsy | | Sleep Disordered Breathing |
| Immobility | | |

Signs and Symptoms of Respiratory Decompensation



The **AIMS** are to identify 100% of people with complex physical and learning disabilities at risk of developing respiratory problems and **CONDUCT** a comprehensive respiratory assessment; **DEVELOP** individualised respiratory management plans; **PROVIDE** proactive monitoring of the persons respiratory health; and **OFFER** advance care plans including escalation of care discussions where indicated.

Community Management Stream



- Dentist
- Dietician
- GP
- Home Enteral Nutrition Team
- Nursing
- Occupational Therapy
- Physiotherapy

Regular access to primary and secondary healthcare despite community level management

Specialist Management Stream



- Consultant Physicians
- Diagnostics
- Respiratory Physiotherapy
- Gastroenterology
- Radiology

Service Evaluation

Method: In 2017 an audit was conducted of the postural assessments, (GMFCS level 4 and 5) which includes a comprehensive respiratory assessment and risk screen tool.

Results:

- 128 people with complex physical and learning disabilities living within Lambeth, Lewisham and Southwark.
- 84% (108/128) respiratory assessments completed since 2015
- 70% (76/108) accessing to community management stream
- 30% (34/109) accessing specialist respiratory management

Implementation:
January 2015

Embedded into practice:
January 2017

Increasing access to Specialist Respiratory Services: Four people accessed the service prior to the development of the pathway due to previous respiratory failure or receiving ventilation in the community. There was a sharp increase in referrals during the planned 18 month implementation period. Referrals have now plateaued with approximately Four referrals per year now the pathway is embedded into practice.

Discussion: Feedback from service users, their care networks and healthcare professionals indicates that a dedicated respiratory services has improved respiratory health for individual's with an associated reduction in their access to primary and secondary healthcare; and an improvement in quality of life for the person and their care network.

Acknowledgement:

Professor Nicolas Hart, Clinical Director Lane Fox Respiratory Unit
Dr Patrick Murphy, Consultant Physician

For more information contact david.Standley@gstt.nhs.uk

Conclusion: Specialist multi-disciplinary services are critical to managing the respiratory health of people with complex. However, access to specialist services remains patchy around the UK. GSTT integrated respiratory pathway provides a model that could be replicated to improve services to this high risk population of people.

Perth and Kinross Learning Disability Team

A Social Media Innovation

Nick the Elf



Over the month of December, the Perth and Kinross Learning Disability Team used the popular trend of "Elf on the Shelf" (renamed by the service as Nick) to promote our Learning Disability Services on our Facebook page. (Link information below)

<https://en-gb.facebook.com/PerthandKinrossLearningDisabilityService/>

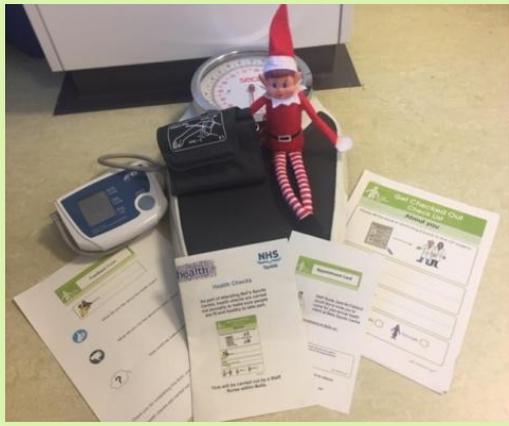
The idea was to write about and photograph him each day through December carrying out different activities with the Learning Disability team members. The team, which includes Occupational Therapists, Physiotherapists, Dietitians, Nurses, Speech and Language Therapists, Psychologists, Psychiatrists and Business Support services really embraced the idea and Nick had to be provided with his own " activity timetable" to ensure that everyone who wanted to have him along, had the chance to do so. He was certainly in demand!

Although the service Facebook page has been up and running for over a year now, prompting the whole team of AHPs, Nursing and Psychiatry colleagues to remember to share and promote their activities about their work can be an ongoing struggle in this busy service. Using "Nick" to support this activity really caught the imagination of the whole staff group and also worked as a fun way to promote each and every part of the service. Nick even had a letter of employment for his workplace experience from our Clinical and Professional Team Manager!

Despite the fun theme, our overall aim was to promote the great and diverse work being carried out on a daily basis within our team. Nick attended sessions that were practical-based such as practical cookery; assessment-based, such as health checks; anxiety management, as well as more fun-based activities occurring at Bells sports centre (Rebound Therapy, Rugby). He even had a hydrotherapy session with the physiotherapy team and helped out with the pool health and safety checks. Nick had his "bloods taken", he had an ECG, he attended an



assessment session at his psychiatric appointment and also attended a relationships group where he learned about contraception.



Through the use of "Nick" it has greatly helped to show service users and carers, alongside other services who follow our posts, a little bit about what we do; with the aim to help to reduce anxieties and the "unknown" behind our health interventions and also to help people feel more at ease with approaching staff who have been featured on the page.

During the period while Nick was active on Facebook, we increased our page "likes" by 10% and had several "shares", helping to promote our services even wider.

Nick also visited some partner organisations including; Bells Sports Centre, Drumhar Health Clinic, Blairgowrie Day Opportunities Centre and Perth College and he even went on the staff Christmas night out!

It has been a highly motivating activity for staff and service users alike and we hope to carry on with the momentum and continue to promote our service using social media.



With thanks to Sally Thomas (Occupational Therapy), Julie Stewart (Physiotherapy) and Vikki Robertson (Business Support) (Nick's posse)...and of course, Nick The Elf!!



ACPPLD ANNUAL LEARNING EVENT

Monday 16th and Tuesday 17th September 2019

In 2019 the ACPPLD Annual Learning Event returns to **Bonnie Scotland**, where a welcome awaits you!! Our event is being held in the **Golden Jubilee Conference Centre in Clydebank**. The full address and website for which are here:

Golden Jubilee Conference Hotel, Beardmore Street, Glasgow, G81 4SA
<https://www.goldenjubileehotel.com/>

The following information has been taken from their website, where there is a lot more information about this venue and area.

The Golden Jubilee Conference Hotel is an award-winning 4 star hotel near Glasgow which provides excellent meeting and hospitality services for local and international guests and delegates. Set on the banks of the River Clyde, the Golden Jubilee combines the standards of a four star hotel with the facilities and first class service required for successful meetings, conferences, collaborations and study. We host meetings and events for clients from the public, private and third sectors and are recognised as the national NHS and public sector conference venue.



The Golden Jubilee Conference Hotel is an integral part of the Golden Jubilee Foundation, the campus of facilities which includes the National Hospital, Research Institute and Innovation Centre. This enables access to clinical skills, research spaces, and world leading research and medical experts.

- 168 spacious bedrooms
- Free WiFi
- more than 300 parking spaces



Draft programme for ALE 2019

Monday 16 th September 2019	
9 – 9.30am	Registration & Refreshments
9.30 – 9.40am	Welcome to ALE & Housekeeping Information
9.40 – 11am	<p>A full morning of presentations themed around mobility and gait function, use of orthotics and evidence from research including the following:</p> <p>Theory and Practice in relation to analysis of gait with practical demos using gait lab equipment and pressure mats - Orthotic Services NHS Lanarkshire</p>
11 – 11.15am	Tea/Coffee break
11.15 – 12.15pm	<p>Continued: A full morning of talks themed around mobility and gait function, use of orthotics and evidence from research</p> <p>11.15 – 11.45am : Lycra Research: A Feasibility Study. – Jennifer Crockett, Professional Lead for Physiotherapy, Learning Disability Team, Greater Glasgow & Clyde.</p> <p>Title: Lycra splinting garments for adults with intellectual disabilities who fall due to gait or balance issues: a feasibility study</p> <p>Background : Adults with intellectual disabilities (IDs) experience high rates of falls and have high rates of gait or balance issues which contribute to falls. Lycra splinting garments (LSGs) have potential to improve gait or balance, but they have never before been tested with adults with IDs who fall due to gait or balance issues. The aim of this study was to test in adults with IDs, the feasibility of using LSGs to improve movement and function and reduce falls, whilst also exploring usability and likely compliance.</p> <p>11.45 – 12.15pm : Orthotic Footwear – The Health Design Collective - Kavi Jagadamma, Lecturer of Physiotherapy, Queen Margaret University</p> <p>Background : The Health Design Collective (HDC) is a Social enterprise based at Edinburgh and linked with the Centre for Person-Centred Practice Research in Queen Margaret University. With a mission to “Collaborate with end-users to co-design fit-for-purpose, accessible, attractive and affordable health care products, including specialist orthotic footwear”, HDC brings together teams of product users, professionals, academics and students for each product. User-centred product design principles will inform selection, prioritisation, co-design, evaluation and sale of products aiming to improve lives of people with disabilities.</p>
12.15 – 12.45pm	AGM- for ACPPLD Members
12.45 – 1.30pm	Lunch

1.30 – 3.15pm	<p>A full afternoon of presentations themed around activity and movement opportunity</p> <p>1.30 - 2.30pm: Care About Physical Activity (CAPA) - Care Inspectorate Scotland.</p> <p>CAPA, a National Scottish Government programme building on skills & knowledge and confidence of social care staff to enable those they care for to increase their levels of physical activity and move more often.</p> <p>2.30 - 3.00pm: “Love Activity, Hate Exercise?”- A Dramatic Presentation from Centre Stage Drama Group, demonstrating the CSP National campaign message:</p> <p>There’s an activity out there for everyone, and finding an activity you love means you’ll be more likely to keep it up The support around the campaign is designed to help you discover new activities that get you moving and enjoying the benefits of an active lifestyle.</p> <p>3.00 - 3.15pm : Personal Testimony</p>
3.15 – 3.30pm	Tea/Coffee break
3.30 – 5pm	<p>3.30 – 4.30pm: RaceRunning- Marietta van der Linden, Senior Research Fellow, Queen Margaret University</p> <p>RaceRunning is an innovative sport for disabled people with impaired balance. A RaceRunner is a custom-built tricycle without pedals on which balance is not a problem. RaceRunning gives disabled people who otherwise can only get around in an electric wheelchair, a manual wheelchair or in a walker the ability to move by themselves. With a RaceRunner even people with heavy disabilities may experience the feeling of running. www.racerunning.org</p> <p>4.30 – 5pm Quest – Practical Experience</p> <p>Quest will bring along a selection of cycles to enable attendees to personally experience the equipment</p>
5pm	Close

Tuesday 17 th September 2019	
9 – 9.30am	Registration & refreshments
9.30 – 9.40am	Welcome to ALE & Housekeeping Information
9.40 – 11.15am	<p>A full morning of presentations themed around contemporary practical physiotherapy practice in line with respiratory care and treatment.</p> <p>Respiratory – Speaker to be confirmed</p>
11.15 – 11.30am	Tea/Coffee break
11.30 – 12.45pm	<p>Continued: A full morning of presentations themed around contemporary practical physiotherapy practice in line with respiratory care and treatment.</p> <p>Use of PEP mask including practical demonstration – NHS Lanarkshire LD Physiotherapy Team</p> <p>PAMIS client story</p> <p>Respiratory discussion</p>
12.45 – 1.30pm	Lunch
1.30 – 2.45pm	<p>Talking Mats as a communicator tool for adults with a Learning Disability - Rhona Matthews - Talking Mats Associate</p> <p>Talking Mats Limited is a social enterprise whose vision is to improve the lives of people with communication difficulties, and those close to them, by increasing their capacity to communicate effectively about things that matter to them. Our innovative, award-winning Talking Mats communication symbols tool is based on extensive research and designed by Speech and Language Therapists. It uses unique, specially designed picture communication symbols that are attractive to all ages and communication abilities and is used by clinical practitioners, carers and support workers in a wide range of health, social work, residential and education settings. www.talkingmats.com</p>
2.45 – 3pm	Tea/Coffee break
3 – 4.30pm	<p>PAMIS (Promoting a More Inclusive Society)</p> <p>PAMIS is the only organisation in Scotland that works solely with people with profound and multiple learning disabilities and their families for a better life. This session will involve PAMIS sharing information about some of their initiatives; Digital Passports/ Sensory Stories - Speaker to be confirmed www.pamis.org.</p>
4.30pm	Rosebowl Handover to 2020 Hosts and Close of ALE 2019.

**ACPPLD Annual National Learning Event
Golden Jubilee Conference Hotel
Beardmore Street
Clydebank
Glasgow, G81 4SA
Monday 16th, Tues 17th September 2019**



Application Form

Name				
Contact Address (include postcode)				
Telephone Contacts	Work: Mobile:			
Email Address				
Confirm Email Address				
ACPPLD Membership Number				
Attendance Options and Costs – please tick the required option	Member Fee	Tick	Non Member fee	Tick
2 days attendance includes Day delegate Monday 16 th September, DB+B and day delegate Tuesday 17 th September.	£250		£320	
Day delegate Monday 16 th September (including lunch and refreshments)	£70		£90	
Day delegate Monday 16 th September (including lunch and refreshments) and evening dinner.	£95		£115	
Day delegate Tuesday 17 th September (including lunch and refreshments)	£70		£90	
B+B Sunday 15 th September (includes breakfast) for one person only.	£78		£78	

All prices are per person

NB - There is a small number of twin rooms available and a shared room rate is available on request. This may be a desirable cheaper option for some applicants.

Free parking available

Venue is well served by Air, Road and Rail links

The closing date for applications is Monday 5th August 2019

Late applications will be accepted for day delegates only subject to availability – applications received between 6th and 16th August will incur a late payment fee of £20, bookings from the 17th - 23rd August incur £40.00 late payment fee.

Cancellation policy – Applicants will receive a full refund if they cancel prior to the closing date of 5th August 2019, there will be no refunds for cancellations after the closing date.

**ACPPLD Annual National Learning Event
Golden Jubilee Conference Hotel
Beardmore Street
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Glasgow, G81 4SA
Monday 16th, Tues 17th September 2019**



Individual needs/requirements

Please list below if you have any specific dietary needs that we can assist with:

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.....
.....

Please list below if you have any specific mobility/visual/sensory or other needs that we can assist with:

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.....

**ACPPLD Annual National Learning Event
Golden Jubilee Conference Hotel
Beardmore Street
Clydebank
Glasgow, G81 4SA**



Monday 16th, Tues 17th September 2019

Payment Methods (please tick one box)

1) I have made payment via bank transfer to:

Account number - 19025610

Sort Code – 52:21:03

My reference - _____

2) Please send me an invoice for total amount of £ _____

To - Invoice address and details

Name:

Address:

Telephone:

Please retain a copy of your completed application form for your records and return this copy to –

Name: Bethany Dufton

ALE 2019 Applications

E mail address: acppldScotland@gmail.com

If you plan to pay by cheque please contact Bethany via the above email address and arrangements can be made. Cheque should made payable to 'ACPPLD'

Please indicate by circling below if you are happy for your email to be used for networking.

Yes No

Please indicate if you are happy for your photograph to be taken during the event and used following the ALE event

Yes No

Thank You

National Executive Committee Contact Details

<p>Chairperson</p> <p>Dr Jenny Tinkler</p> <p>East Durham Longterm LD Team,</p> <p>Spectrum 8, Spectrum Busuiness Park, Seaham. SR7 7TT Tel : 03000 269559</p> <p>Email: jenny.tinkler@nhs.net</p>	<p>Website & Social Media Officer</p> <p>Amanda Leech</p> <p>Physiotherapy Department</p> <p>Learning Disabilities</p> <p>Lynebank Hospital</p> <p>Halbeath Road</p> <p>Dunfermline, KY11 4UW</p> <p>Tel : 01383 565253</p> <p>Email: amandaleech@nhs.net</p>	<p>Newsletter Editor</p> <p>Angie McManus</p> <p>AHP Lead</p> <p>Perth & Kinross Health & Social Care Partnership Offices</p> <p>3rd Floor, 2 High St</p> <p>Perth, Scotland.</p> <p>Tel: 07881 837458</p> <p>Email: angie.mcmanus@nhs.net</p>
<p>CPD Officer and Research & Education Officer</p> <p>Steven Whitton</p> <p>Health Team Leader</p> <p>East Norfolk Community Learning Disabilities Team - Adult</p> <p>Havenbridge House,</p> <p>North Quay,</p> <p>Great Yarmouth, Norfolk, NR30 1HZ</p> <p>T: 01493 448400</p> <p>F: 01493 854826</p> <p>M: 07766 071690</p> <p>E: steven.whitton@nchc.nhs.uk</p>	<p>Regions Officer</p> <p>Sue Over</p> <p>Operational Therapy Lead</p> <p>Adult Learning Disability Service</p> <p>Queen Street Centre</p> <p>Queen Street, Grimsby</p> <p>North East Lincolnshire</p> <p>DN31 1QG</p> <p>Tel : 01472 571120</p> <p>Email: Sue.over@nhs.net</p>	<p>Treasurer</p> <p>Jacqueline Etherington</p> <p>Gateshead Adult Learning Disabilities Team</p> <p>Northumberland, Tyne&Wear NHS Trust</p> <p>Bensham Hospital</p> <p>Fontwell Drive</p> <p>Bensham</p> <p>Gateshead</p> <p>Tyne&Wear</p> <p>NE8 4YL</p> <p>0191 478 0650</p> <p>Email: Jacqueline.etherington@ntw.nhs.uk</p> 
<p>Membership Secretary</p> <p>Liz Griffen</p> <p>Tel:</p> <p>Email: acppld1@gmail.com</p>	<p>Secretary</p> <p>Olu Sofuwa</p> <p>Integrated Learning Disability Service,</p> <p>St Andrews Court</p> <p>1-4 River Front</p> <p>Enfield , EN1 3SY</p> <p>Tel: 02083794490</p> <p>Email: osofuwa@enfield.gov.uk</p>	<p>Without Portfolio</p> <p>Sarah Bruce</p> <p>AWLD Team</p> <p>121 Townley Road</p> <p>East Dulwich , SE22 8SR</p> <p>Tel: 02030497518</p> <p>Email: sarah.bruce@gstt.nhs.uk</p>