



## PLAN YOUR APPOINTMENT

- Do some research about the person's history, equipment and communication needs in advance
- Consider appointment location
- Consider offering a longer appointment
- Don't assume people can read an appointment letter, use accessible formats or telephone.

## MAKING COMMUNICATION WORK

- Use visual aids to explain what you want the person to do
- Use short sentences, avoid using jargon
- Talk directly to the person and involve family and carers for clarification if you need to.

## BE WILLING TO ADAPT YOUR ASSESSMENT

- Functional activities make more sense than specific movements
- Include tasks which are fun and relevant to their interests.
- Use imitation and role modelling
- Be flexible and relaxed in your approach.

## **ENVIRONMENT**

- Limit the likelihood of interruption
- Minimise sensory stimulation & noise
- Remove unnecessary equipment
- Start your appointment on time, waiting areas can be stressful.

For further advice download our full leaflet at:

www.csp.org.uk/publications/so-your-nextpatient-has-learning-disability

